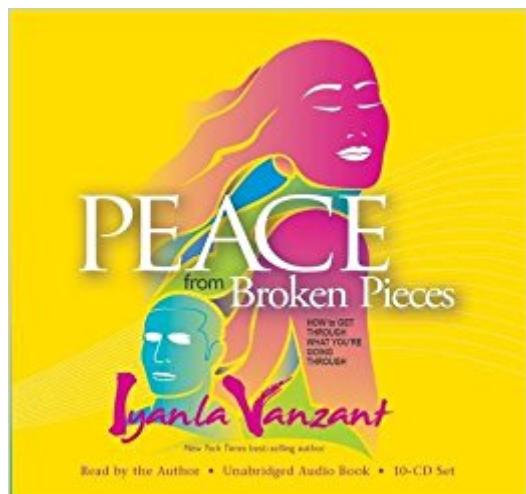


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# Peace From Broken Pieces: How To Get Through What You're Going Through



## **Synopsis**

New York Times best-selling author Iyanla Vanzant recounts the last decade of her life and the spiritual lessons learned—•from the price of success during her meteoric rise as a TV celebrity on Oprah, the Iyanla TV show (produced by Barbara Walters), to the dissolution of her marriage and her daughter’s 15 months of illness and death on Christmas day. Like a phoenix rising from the ashes, Iyanla shares why everything we need to learn is reflected in our relationships and the strength and wisdom she has gained by supporting others in their journeys to make sense out of the puzzle pieces of their lives.Â

## **Book Information**

Audio CD: 10 pages

Publisher: SmileyBooks; Unabridged edition edition (May 1, 2011)

Language: English

ISBN-10: 1401935524

ISBN-13: 978-1401935528

Product Dimensions: 6 x 1.1 x 5.4 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 824 customer reviews

Best Sellers Rank: #1,485,875 in Books (See Top 100 in Books) #4 in Books > Books on CD > Authors, A-Z > ( V ) > Vanzant, Iyanla #1253 in Books > Books on CD > Biographies & Memoirs #1440 in Books > Books on CD > Health, Mind & Body > Self Help

## **Customer Reviews**

Eye opening, touching and insightful...Iyanla's story is a must-read for anyone who truly seeks growth and healing. Pride Magazine --This text refers to an out of print or unavailable edition of this title.

Iyanla Vanzant is the founder and executive director of Inner Visions International and the Inner Visions Institute for Spiritual Development. The author of 13 titles—•including four New York Times bestsellers and the Inner Visions CD Series—•she is the former host of the television series Iyanla and co-host of the NBC daytime reality show Starting Over as well.Â

Ms. Vanzant is a very inspirational woman. I've enjoyed watching her show, Fix My Life on OWN TV. And now after reading her book, I am getting insight on the woman, she is. When I finish this

book, I plan to invest and focus my self with the 21 Days of Forgiveness. I am truly at a point of trying to find my Peace from Broken Pieces. I Praise Ms. Vanzant for her courage, her strength and her gift to share and heal others, by first, finding, accepting and healing herself. What a Powerful Woman of GOD.

Based off the way she has so eloquently written her story you feel as if you're right there be it when she was brutally whipped by her farther, held her beloved Gemmima for the first time, man handled by one of Barbara Walters producers, or walked across the stage to receive her diploma. I believe this is a brilliant tactic not for the sake of glowing book reviews or even for book sales: her presence is felt so strongly through this book that it will force you to acknowledge the consequences of cultural pathologies, family legacies, and misogyny she strives to draw serious attention too. Ms. Vanzant demonstrates this divine ability to write from the being of her soul which pours out over each life stage, milestone, and crisis. She is brutally honest, not holding back...Ms. Vanzant has done what many mental health professionals, family counseling professionals, scholars, and academics have failed to do: leaving out politics, ideology, and hidden agendas clearly and articulately describes how the demise of families especially black family ( and in particular the destruction of black women) transpires. Not that this was her intent, but you can understand from a first hand account how difficult overcoming structural racism, sexism, psychological abuse, skin shade racism, and premature parenthood truly are. This is not all doom and gloom because her journey is filled with hope and redemption. Finally, most importantly (at least to me) the issue of misogyny including racio- misogyny is highlighted in many of her challenges. I believe this is an issue all women of every race or ethnicity can relate to: standing up to men not because you half to but because \*\*\*you have the right to\*\*\*. Recognizing that being run into the ground by men is a distinct pathology in and of it's self was crucial to her survival and development. One of the best parts of this book was her explanation of the thought process and the physical process of standing up to a television executive who thought he had the right to man handle her by using his size, voice, and status with the network. That was a powerful moment that in my opinion led to other powerful moments. Her encouragement to act as a Queen that manages her life with DIVINE power, authority, and victory are a call to overcome cultural pathologies, misogyny and other man made disadvantages. Her life is a testimony that it CAN be done and that it \*\*\*MUST\*\*\* be done in order to leave the future generation with a legacy of compassion, grace, and depth. Arise and live up to your nobility.

First let me say that I like Iyanla a LOT and I never used to. When she was on Oprah, I switched the channel. I find her to be really good at what she does but this book left me confused. For starters, it is strictly autobiographical. That's fine because her story IS very interesting but what it does is illustrate how NOT to get through what you are going through. I felt that at every fork in the road, Iyanla made very bad decisions....and the daughter seeking out airy fairy treatments to attend to a serious cancer prior to trusting solid science, had me reeling. I wish Iyanla would have spent way more time on how her life is NOW, having gone through her bad experiences and what she DID to achieve what appears to be a happy life in spite of it all. I would not dissuade anyone from reading this book because it really is fairly good, but I felt like I needed so much more from Iyanla and I think she has it to give. I subscribe to the daily messages from Inner Visions and they are generally terrific. I wish Oprah would give her a show on her OWN network because I think Iyanla has a great message now.

Iyanla Vanzant has an interesting life story. For readers that are new to her work, read some of her earlier autobiographical books (e.g., "One Day My Soul Just Opened Up") to see her growth. The fascinating thing about this book is it shows just how vulnerable we all are to our own choices when we don't know who we really are and the true purpose of our lives. This book is for anyone that has lost their way in life and is trying to reclaim their path. It provides readers with a learning opportunity by being a 3rd party observer of her choices rather than a step-by-step guide. As I read the book, I found it interesting to see how Vanzant's perspective changed after the unexpected life events that she experienced. As I read this book, I found myself wondering what her perspective will be on those same life events 20 years from now as she continues to put the pieces together and evolve.

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